Dream Interpretation – Common Symbols And Their Meanings

Dream interpretation has many forms; it can be done be done for the sake of fun, hobby or can be taken up as a serious career. Psychologists and therapists are already incorporating dream interpretation into their practice. They find it as a very useful tool to gain access to hidden desires and deep-rooted personality issues of a dreamer.Symbols and objects frequently encountered in dream state facilitate dream interpretation.Here is a summary for ready reference.1. Dreaming of Colors: Red symbolizes either passion or anger. Pink denotes healing power of love. Black symbolizes fear of death or aging. Grey – symbolizes confusion or fear. White signifies fear of death or new surroundings. Green – symbolizes healing. Blue stands for sadness.



Yellow – symbolizes peace, calm and hope.2. Dream about numbers: Dream interpretation has helped in assigning meaning to some numbers. One – stands for unity. Two – symbolizes equality, spiritual or gender balance. Three – stands for unity, harmony or spiritual fulfillment. Five – stands for Go to this site a change both in positive or negative context.Likewise, dream interpretation for remaining numbers needs to be evolved on your own experiences.3. Dreaming of a baby or a pregnancy: Dream interpretation of such dreams often points to new experiences in life.4. Dreaming about various other objects: Accident – represents fear of physical or mental break down. Awakening – *masai mara safari packages* symbolizes openness to new ideas or experiences. Brother – signifies betterment or strained relationship. Climbing – stands for attaining new mental, spiritual or physical goals. Desert – dreaming of a desert or being lost in desert stands for loneliness. Door – symbolizes better opportunity. If you are afraid of opening a door in the dream, it means that you are afraid of new challenges or trying on new things. Eating stands for nourishment or need to be taken care of. Falling – means loss of control or being unable to maintain position in life. Jumping – stands for achieving higher goals. Ladder symbolizes growth. Military – denotes desire for authority. Rain – represents depression.Thus, you can now see how dream interpretation becomes even more fascinating by analyzing the symbols.