

# HGR Drug Rehabs San Diego

402 W Broadway Suite 400, San Diego, CA

760-697-0497

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Drug & Alcohol Rehab San Diego, CA

drugrehabssandiego.com

Drug Detox San Diego California Medically Supervised HGR Drug detox is the necessary first step in addiction recovery, and the way it is managed has a profound effect on both safety and the client's ability to move forward into the next phase of treatment. HGR Drug Rehabs San Diego California provides medically supervised drug detox through Harmony Grove Recovery, with around-the-clock clinical care during the withdrawal process. The 24-hour care model means that medical support is available at any point during detox, which is particularly important for substances that carry a risk of serious withdrawal complications. The medical team at HGR administers medication-assisted treatment (MAT) where clinically indicated, using FDA-approved medications to alleviate withdrawal symptoms and reduce the physical distress that makes unsupported detox so difficult and dangerous. Emotional support and personalized therapy are provided alongside the medical **drug rehabs San Diego CA** care, recognizing that the psychological dimension of early withdrawal is as challenging as the physical. Nutritional guidance is included because restoring healthy nutrition is an important part of physical stabilization during drug detox. The environment during detox at HGR is designed to feel safe and removed from the triggers of the outside world. Private accommodations, attentive staff, and a calm, supportive atmosphere give clients the conditions they need to move through the detox process as comfortably as possible. Former clients describe the facility as beautiful, clean, <https://www.pexels.com/@mina-mariotti-2162711452/> organized, and comfortable: a setting that genuinely supports healing rather than simply containing the process.

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After completing drug detox, clients transition into residential inpatient treatment or intensive outpatient programming depending on their clinical needs and personal circumstances. This continuity of care within a single program is a meaningful advantage over facilities where detox and rehabilitation are handled by separate providers. Call HGR Drug Rehabs San Diego California at 760-697-0497 to discuss medically supervised drug detox in San Diego. The team at 402 W Broadway Suite 400 is available 24 hours a day.