Everyone wants to play faster, but rushing tempo is the slowest way to get there. A click makes speed practice systematic.

## Start where it's clean

Locate *metronome* the top tempo where you play it perfectly. That is your starting point.

## Small steps

Add 2 to 5 BPM at a time, only when metronome the current tempo feels easy. Automatic speed trainers do this for you.

## Short bursts

Play one beat or one bar above your top speed, then rest. Your hands learn the motion before they can sustain it.

## Watch for tension

When tension creeps in, you have passed your clean speed. Slow down a little and climb again.

Consistent daily practice beats one long weekly session.